**Bachelor of Science in Kinesiology**

**Physical** **Education** **Teaching** **Concentration**

# **LOWER DIVISION CORE** Units Year Grade

KINS 165 Foundations of Kinesiology 3

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BIO 104 General Biology (GE Area B) 3 \_\_\_\_\_\_ \_\_\_\_\_\_

Or BIO 105 Principles of Biology (GE Area B) 4 \_\_\_\_\_\_ \_\_\_\_\_\_

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\*ZOO 113 Human Physiology 4 \_\_\_\_\_\_ \_\_\_\_\_\_

\*ZOO 270 Human Anatomy 4 \_\_\_\_\_\_ \_\_\_\_\_\_

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\*CHEM 109 General Chemistry (GE Area B) 5

Or KINS 287 Scientific Foundations 3

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HED 120 Respond to Emergencies CPRFPR 1

HED 231 Basic Nutrition 3

### **UPPER DIVISION CORE**

\*KINS 379 Exercise Physiology 4

KINS 385 Adapted Physical Activity 3

\*KINS 386 Structural Kinesiology 4

HED 392 Community and Population Health 3

KINS 483 Evaluation Techniques 3

KINS 484 Motor Development/Learning 3

\*KINS 492 Senior Seminar 3

(Core 44-47 units)

**\*Prerequisites required for these courses.**

#### **CONCEPTS OF TEACHING REQUIREMENTS**

KINS 311 Concepts of Teaching Aquatics 2

KINS 313 Concepts of Teaching Dance 2

KINS 315 Concepts of Teaching Dyn Mvmt 2

KINS 325 Health-Related Exercise 2

KINS 327 Games Concepts-1 3

KINS 329 Games Concepts-2 3

(14 units)

#### **UPPER DIVISION REQUIREMENTS**

KINS 474 Psych of Sport & Exercise 3 \_\_\_\_\_\_

HED 405 School Health Programs 3

KINS 384 Curriculum and Instruct Strategies 3

KINS 475 Elementary School Physical Education 3

KINS 486 Theory of Coaching 2 \_\_\_\_\_\_ \_\_\_\_\_\_

(14 units)

**Key Prerequisite Sequence**



























**PREREQUISITES:**

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| **Courses** | **Required Pre-Requisite** |
| **BIO 105** | CHEM 107 or CHEM 109 with C- or better |
| **ZOOL 113** | BIOL 104 or Bio 105 |
| **KINS 379** | ZOOL 113, CHEM 109 or KINS 287 |
| **KINS 483** | Junior Standing or Instructor Approval |
| **KINS 492** | Senior Standing |

**IMPORTANT NOTES:**

* Earning a C- or better is required for BIO 104/BIO105 and all required courses for the major that have a ZOOL, KINS, REC, or HED prefix (or their equivalent)

\*Note: Students should consult with their academic advisor each semester for recent modification to the above.