



School of Applied Health
Bachelor of Science in Kinesiology
Physical Education Teaching Concentration

LOWER DIVISION CORE		<u>Units</u>	<u>Year</u>	<u>Grade</u>
KINS 165	Foundations of Kinesiology	3	_____	_____
BIO 104	General Biology (GE Area B)	3	_____	_____
Or BIO 105	Principles of Biology (GE Area B)	4	_____	_____
*ZOO 113	Human Physiology	4	_____	_____
*ZOO 270	Human Anatomy	4	_____	_____
*CHEM 109	General Chemistry (GE Area B)	5	_____	_____
Or KINS 287	Scientific Foundations	3	_____	_____
HED 120	Respond to Emergencies CPRFPR	1	_____	_____
HED 231	Basic Nutrition	3	_____	_____
UPPER DIVISION CORE				
*KINS 379	Exercise Physiology	4	_____	_____
KINS 385	Adapted Physical Activity	3	_____	_____
*KINS 386	Structural Kinesiology	4	_____	_____
HED 392	Community and Population Health	3	_____	_____
KINS 483	Evaluation Techniques	3	_____	_____
KINS 484	Motor Development/Learning	3	_____	_____
*KINS 492	Senior Seminar	3	_____	_____
		(Core 44-47 units)		

*Prerequisites required for these courses.

CONCEPTS OF TEACHING REQUIREMENTS

KINS 311	Concepts of Teaching Aquatics	2	_____	_____
DANC 354	Teaching of Dance	2	_____	_____
KINS 315	Concepts of Teaching Dyn Mvmt	2	_____	_____
KINS 325	Health-Related Exercise	2	_____	_____
KINS 327	Games Concepts-1	3	_____	_____
KINS 329	Games Concepts-2	3	_____	_____
		(14 units)		

UPPER DIVISION REQUIREMENTS

REC 302	Inclusive Recreation ^B	3		
HED 405	School Health Programs	3		
KINS 384	Curriculum and Instruct Strategy	3		
KINS 385	Adapted Physical Education	3		
KINS 475	Elementary School Physical Educ	3		
KINS 474	Psychology of Sport & Exercise	3		

(14 units)

