**LOWER DIVISION GEAR**

**GE LD Area A- Basic Subjects**

**3 units in each category**

**A1: Written Communication**

* **ENGL 104S. Accelerated Composition and Rhetoric (3). Honing academic writing and reading skills. Emphasis on research strategies, synthesis, critical reading, rhetorical distinctions. Workshop, lecture, and collaborative learning. Final assessment based on writing portfolio. Incorporates Service Learning pedagogy. [A-LD.]**
* ENGL 102. Composition and Rhetoric A (3). First semester of year-long course emphasizing analytical reading, critical thinking, and rhetoric. Writing developed through workshop, collabo­ration, reflection, and revision. Introduction to research. Preparation for ENGL 103. Culminates in semester project. [CR/NC. A-LD.]
* ENGL 103. Composition and Rhetoric B (3). Second semester of year-long writing course. Em­phasizes rhetorical knowledge, writing in multiple genres, and writing as a socially situated practice. Writing workshop, research, collaboration, and revision. Culminates in writing portfolio. [Prereq: ENGL 102. A-LD.]

**A2: Oral Communication**

* COMM 100 [3] Fundamentals of Speech Communication

**A3: Critical Thinking**

* ENGL 107. Critical Writing (3). Explore the relationship between language and logic; iden­tify fallacies of argument; and craft traditional, multimodal and multimediated arguments in context of current social, economic, political, and environmental discourse. [Prereq: ENGL 103 or ENGL 104 or ENGL 104S. A-LD.]
* Alternatives:
  + COMM 103 [3] Critical Listening & Thinking

**GE LD Area B-** Math & Science

**Required Units 9 |** minimum of one course in each subarea

**GE LD Area B- Mathematics/Quantitative Reasoning**

* MATH 109- Calculus (3) for Pre-PT
* MATH 101T. Trigonometry (3). (if have good math skill)..or
* MATH 101. College Algebra (3). (if have only basic math skill)
* MATH 101i. College Algebra with Integrated Support (3).

**GE LD Area B- Life Forms**

* BIOL 104 [3]- Ex. Sci/HP, Teach Coach
* BIOL 105 [4]- Pre PT

**GE LD Area B- Physical Universe**

* CHEM 107 [4] Fund. of Chemistry [lect/lab] **(ES, TC)**
* CHEM 109 [5] General Chemistry I [lect/lab] **(Pre-PT)**
* PHYX 106‡ [4] College Physics:Mechanics & Heat [lect/ lab] (not calculus-based) **(ES TC)**
* PHYX 109‡ [4] General Physics A: Mechanics [lect/lab] **(Pre-PT)**

**GE LD Area C- Arts & Humanities**

**Required Units 9 |** minimum of one course in each subarea

**GE Area C- Arts (Art, Cinema, Dance, Music, Theatre)**

* ART 108 [3] Graphic Design I
* TA 105 [3] Acting I: Principles of Performance

**GE Area C- Humanities (Literature, Philosophy, Languages other than English)**

* ENGL 105 [3] Literature, Media, & Culture
* JMC 105 [3] Introduction to Mass Communication

**GE LD Area D-** Social Sciences

Required Units: 9 **|** minimum of two subareas

**D4: Gender Studies**

* CRGS 108 [3] Power/Privilege: Gender & Race, Sex, Class [DCG-d]

**D7: Interdisciplinary Social or Behavioral Science**

* COMM 105 [3] Intro to Human Communication

**D9: Psychology**

* PSYC 104 [3] Introduction to Psychology

**GE LD Area E- Lifelong Learning & Self-Development**

**Required Units: 3**

* HED 100 (3) Sound Mind Sound Body

**UPPER DIVISION GEAR**

**GE UD Area B- Math & Science**

**Required Units: 3**

* **Kinesiology degree fulfills Requirement**

**GE UD Area C:** **Arts & Humanities**

**Required Units: 3**

* PHIL 309B [3] Perspectives: Humanities /Science/Social Science…OR
* PHIL 303 [3] Theories of Ethics….OR
* PHIL 306 [3] Race, Racism & Philosophy

**GE UD Area D:** **Social Sciences**

**Required Units: 3**

* REC 302 [3] Inclusive Recreation…OR
* SOC 303 [3] Race and Inequality….OR
* WS 309B [3] Gender & Communication

**American Institutions**

**Required Units: 6 | 3 units each area**

**Area D6: US History**

* NO Recommendation

**Area D8: US & California Government**

* PSCI 110 [3] American Government…OR
* PSCI 159 [3] California Government

**\*A student who has earned credit for a course on US Government via an AP exam, CLEP exam, or at a university outside of California will have met the US Government portion of this requirement, but not the "California state and local government" requirement. In this case, a student may enroll in PSCI 160 California Institutions, a 1-unit CR/NC course that meets only this portion of the requirement.**

**Diversity & Common Ground [DCG]**

**Required Units: 6 | at least one course must be designated domestic**

**Domestic**

* KINS 474 Sport and Ex. Psych

**Non-domestic**

* ANthro 305 – Human evolutionary biology, diversity, and health (Also GE UD B)..OR
* BIOL 304- Human Genetics (Pre-PT)