Kinesiology Minor In Teaching Physical Education

Humboldt State University offers a physical education teaching minor for students who are planning a career in teaching. **This minor can include courses leading to a Supplementary Authorization in Physical Education issued by the California Commission on Teacher Credentialing.** Holders of multiple subject and single subject teaching credentials may have physical education added to their credential as a supplementary authorization by completion of the following requirements. This authorization permits teaching physical education up through grade 9.

Required Courses for the Minor

KINS 475 Elementary School Physical Education (3)

KINS 484 Motor Development/Learning (3)

KINS 385 Adapted Physical Education (3)

Select a total of 11 units from the categories below with at least 3 units from each category.

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| **Category** | **Course Title** | **Units** |
| Team sports and games | KINS 327 Games Concepts 1  KINS 329 Games Concepts II | 3  3 |
| Fundamental and creative movement skills | KINS 313 Concepts of Teaching Dance  KINS 315 Concepts of Teaching Dynamic Movement | 3  3 |
| Individual/dual/ non-traditional/global sports and games | Select from one unit physical education courses in Archery, Yoga, Pilates, Fencing, Soccer  KINS 311 Aquatics  KINS 329 Group Exercise | 1  2  2 |